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Operating instructions Personal floor scale with BMI function

KERN MPE

Type MPE 250K100HM Type MPE 250K100PM Type MPE 250K100HNM Type MPE 250K100PNM

Version 4.1 2017-09 **GB**





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KERN MPE

Version 4.1 2017-09

Operating instructions Personal floor scale with BMI function

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1 Technical data

KERN (Type)	MPE 250K100HNM	MPE 250K100PNM
Trademark	MPE 250K100HM	MPE 250K100PM
Display	6-d	ligit
Weighing range (max)	250) kg
Minimum load (Min)	2	kg
Verification value (e)	10	0 g
Reproducibility	0.1	kg
Linearity ±	0.1	kg
Display	LCD with 25n	nm high digits
Recommended adjustment weight, (Class)	≥ 20 (M	0 kg 11)
Stabilization time (typical)	3 s	ec.
Warm-up time	10	min
Operating temperature	0° C	. + 40° C
Humidity of air	max. 80 % (no	ot condensing)
Electric Supply	Input voltage 100 V - 240 V, 50 / 60 Hz	
Auto Off	After 3 min without loa	ad change (adjustable)
Balance (W x D x H) mm	365 x 460 x 2134	365 x 450 x 1030
Weighing plate mm	365 x 3	60 x 80
Weight kg (net)	11.5	10.8
Verification according to 2014/31/EU	medical, class III	
Medical device according to 93/42/EEC	class I with mea	asuring function
Height measuring stick in tripod integrated, extendable (from 88 cm to 200 cm)	✓	-
Rechargeable battery operation	optional; 6 x 1.2 VAA = 7.2 V/2000 mA	
Batteries	6 x 1.5 V AA	
Data interface provided as standard	RS 232 C	

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Linearity ±	0.1	kg	
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Data interface provided as standard	RS 232 C		

2 Declaration of conformity

To view the current EC/EU Declaration of Conformity go to:

www.kern-sohn.com/ce

The scope of delivery for verified weighing balances (= conformity-rated weighing balances) includes a Declaration of Conformity.

Solely these weighing balances are classified as medical devices.

2.1 Explanation of the graphic symbols for medical devices



This marking indicates that these weighing balances are in conformity with EU Directive 2014/31/EU for non-automatic weighing balances. Weighing balances bearing this marking are licensed for medical purposes in the European Union.

The number inside the frame "M16" (example shown year 16) documents the year of conformity assessment.



This marking shows that this weighing balance is in conformity with EU Directive 93/42/EEC and inside the European Community is classified as medical device.

WF 170012

Designation of the serial number of every device, applied at the device and on the packaging

Number here as example



Identification of the manufacturing date of the medical product.

Year and month here as example



"Please note the accompanying documents" or "Please note the operating instructions"



"Please note the operating instructions"



"Please note the operating instructions"



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Identification of manufacturer of medical product including address



"Electro-medical appliance" with attachment for type B

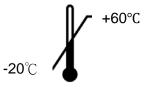


Device protection category II

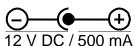


Dispose of old appliances separately from your household waste!

Instead, take them to communal collection points.



Temperature limit indicating the lower limit (-20°C) and the upper (+60°C) limit (storage temperature on packaging)



Display of supply voltage for scales with polarity display.



Mains connection



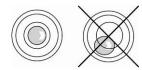
Sealing mark KERN SEAL



Supply voltage direct current

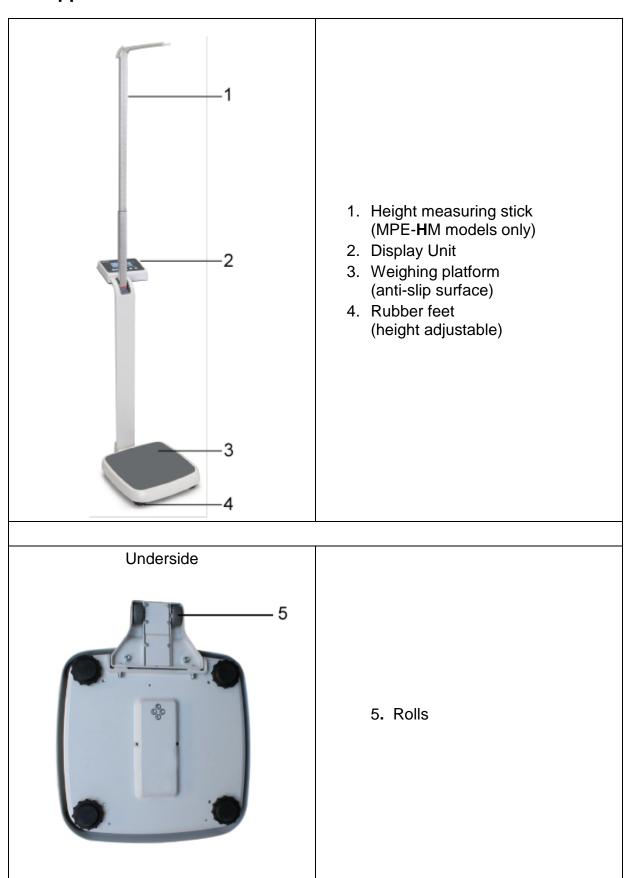


Information



Level balance before use

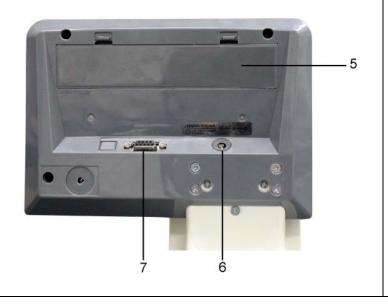
3 Appliance overview



Secondary display at rear



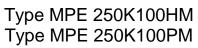
Display unit at rear

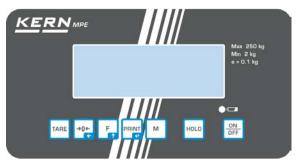


- 5 Rechargeable battery compartment
 6 Mains connection
- 7 RS 232 C

4 Keyboard overview







Type MPE 250K100HNM Type MPE 250K100PNM

Key	Description	Function
ON OFF	ON/OFF-switch	Turn on/off
HOLD	HOLD button	Hold function/Calculation of a stable weight value
ВМІ	BMI key	Calculation of the Body Mass Index
PRINT	PRINT button	Data transfer via interface In menu:
F	Function key	In menu:
→0←	Zeroing key	Weighing scale will be reset to "0.0" For numeric entry: • Change decimal place
TARE	TARE key	Tare balance

5 Overview of display

Display	Description	Description
	Stability display	Scales are in a steady state
→0 ←	Zeroing display	Should the balance not display exactly zero despite empty weighing plate, press the button. Your balance will be set to zero after a short standby time.
NET	Net weight display	Illuminated when net weight is displayed Illuminated after weighing scale was tared
GROSS	Gross weight display	Illuminated when gross weight is displayed
HOLD	HOLD function	HOLD function active
ВМІ	BMI function	Illuminated while BMI function is enabled

6 Basic Information (General)



Weighing instruments have to be verified for the purposes stated below in accordance with Directive 2014/31/EC. Article 1, paragraph 4. "Determination of mass in the practice of medicine that is, weighing patients for reasons of medical supervision during medical surveillance, examination and treatment."

6.1 Specific function

Indication •

- Determining the body weight in the medical practice area.
- Use as "non-standalone weighing scale", that is, a person steps carefully onto the weighing platform's centre. Once a steady display value is shown, you can read the weight value.

Contra- • indication

No contraindication known

6.2 Proper use

This weighing scale is designed for determining the weight of a person whilst standing, such as in doctor's surgeries. The balance is suitable for recognising, preventing and controlling illnesses.



Scales fitted with a serial interface may only be connected to appliances in compliance with Directive EN60601-1.

On personal weighing scales, the person should step onto the centre of the weighing platform and remain standing without moving.

As soon as a stable weighing value is reached the weighing value can be read. The weighing scale is designed for continuous duty.



The weighing platform may only be stepped on by persons capable of standing on both feet on the weighing platform.

The weighing platforms are fitted with an anti-slip surface that must not be covered during weighing a person.

The balance should be checked for correct condition prior to each utilisation by a person familiar with proper operation of the balance.

6.3 Improper Use

Do not use these scales for dynamic weighing processes.

Do not leave permanent load on the weighing pan. This may damage the measuring system.

Impacts and overloading exceeding the stated maximum load (max) of the weighing plate, minus a possibly existing tare load, must be strictly avoided. This could cause damage to the balance.

Never operate balance in explosive environment. The serial version is not explosion protected. It should be noted that a flammable mixture of anaesthetics and oxygen or laughing gas may occur.

The structure of the balance may not be modified. This may lead to incorrect weighing results, safety-related faults and destruction of the balance.

The balance may only be used according to the described conditions. Other areas of use must be released by KERN in writing.

6.4 Warranty

Warranty claims shall be voided in case

- Our conditions in the operation manual are ignored
- The appliance is used outside the described uses
- The appliance is modified or opened
- Mechanical damage and damage caused by media, liquids,
- Natural wear and tear
- The appliance is improperly set up or incorrectly electrically connected
- The measuring system is overloaded
- Dropping the balance

6.5 Monitoring of Test Resources

In the framework of quality assurance the measuring-related weighing properties of the balance and, if applicable, the testing weight, must be checked regularly. The responsible user must define a suitable interval as well as type and scope of this test. Information is available on KERN's home page (www.kern-sohn.com with regard to the monitoring of balance test substances and the test weights required for this. In KERN's accredited DKD calibration laboratory test weights and balances may be calibrated (return to the national standard) fast and at moderate cost.

Using measuring technology to check the accuracy of the measuring device is recommended for personal floor scales with body height measurement but is not absolutely essential as the calculation of the human body height is always subject to a great deal of inaccuracy.

7 Basic Safety Precautions

7.1 Pay attention to the instructions in the Operation Manual



 □ Carefully read this operation manual before setup and commissioning, even if you are already familiar with KERN balances.



7.2 Personnel training

The medical staff must apply and follow the operating instructions for proper use and care of the product.

7.3 Preventing contamination

The prevention of cross-contamination (fungal skin infections ...) requires regular cleaning of the weighing platform. Recommendation: after a weighing procedure that could potentially result in contamination (e. g. after weighing that involves direct skin contact).

8 Electromagnetic compatibility (EMC)

8.1 General hints



The installation and use of this electrical medical device requires special precautionary measures as outlined in the EMC information below.

This device complies with the limits set for medical electrical devices of group 1, class B (as per EN 60601-1-2).

Electromagnetic compatibility (EMC) describes a device's ability to perform reliably within an electromagnetic environment without causing inadmissible electromagnetic interference at the same time. Amongst other things, such disturbances may be emitted by connecting cables or the air.

Inadmissible disturbances from the environment may result in incorrect displays, inaccurate measured values or incorrect behaviour of the medical device. By the same token the medical device may in some cases cause such disturbances in other devices. To eliminate problems of that kind, we recommend you to take one or several of the measures listed below:

- Change the alignment or distance of the device to the source of EMI.
- Install or use the floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM at a different location.
- Connect the floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM to a different power source.
- For further questions please contact our customer services.

Disturbances may be caused by improper modification or add-ons to the device or not recommended accessories (such as power units or connecting cables). The manufacturer will not be responsible for these. Modifications may also result in a loss of authorisation relating to the use of the device.



Devices emitting high frequency signals (mobile telephones, radio transmitters, radio receivers) may cause interference in the floor scale MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM. For that reason do not use them near the floor scale MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM. Chapter 8.4 contains details about recommended minimum distances.

8.2 Electromagnetic interferences

Guidelines and manufacturer's declaration – electromagnetic interferences

The floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM is designed for use in an electromagnetic environment that meets the requirements stated below. The customer or user of the medical electrical device must ensure that operation takes place in such an environment.

Emitted interference measurements	Conformity	Electromagnetic environment - guideline	
HF emissions as per CISPR 11 / EN 55011	Group 1	The floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100PNM, MPE 250K100PNM uses HF energy merely for its internal working. Its HF emission therefore is very low and it is highly unlike to interfere with adjacent electronic devices.	
HF emissions as per CISPR 11 / EN 55011	Class B	The floor scales MPE 250K100HN MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNN	
		is designed for use in all	
Emission of harmonics	Class A	equipment including those in living areas and those connected directly	
as per IEC 61000-3-2		to the public power grid that also	
Emission of voltage fluctuations / flicker	Conforms with	supplies buildings used for living purposes.	
as per IEC 61000-3-3			

Do not put the floor scale MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM directly next to other devices and do not stack it with other devices. If this type of operation is necessary, observe the floor scale MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM to ensure normal operation in such an arrangement.

8.3 Electromagnetic noise immunity

Guidelines and manufacturer's declaration - electromagnetic noise immunity

The floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM is designed for use in an electromagnetic environment that meets the requirements stated below. The customer or user of the medical electrical device must ensure that operation takes place in such an environment.

Noise immunity tests	IEC 60601 test level	Conformity	Electromagnetic environment - guideline
Discharge static electricity (DSE) as per IEC 61000-4-2	± 6 kV contact discharge ± 8 kV air discharge	± 6 kV ± 8 kV	Floors should be made of wood or concrete or tiled with ceramic tiles. If floors are covered with synthetic material, relative air humidity must be at least 30%.
Fast transient electrical disturbances / bursts as per IEC 61000-4-4	± 2 kV for power lines ± 1 kV for input and output lines	± 2 kV ± 1 kV	The quality of the supply voltage should match that of the typical business or hospital environment.
Impulse voltages / surges as per IEC 61000-4-5	± 1 kV voltage Live wire - live wire ± 2 kV voltage Live wire - earth	± 1 kV Inapplicable	The quality of the supply voltage should match that of the typical business or hospital environment.
Voltage dips, short-term disruptions and fluctuations in supply voltage as per IEC 61000-4-11	< 5 % U _T (> 95 % dip of U _T) for ½ period 40 % U _T (> 60 % dip of U _T) for 5 periods 70 % U _T (> 30 % dip of U _T) for 25 periods < 5 % U _T (> 95 % dip of U _T) for 5 s	Compliance with requirements under all postulated conditions Controlled switch off Return to undisturbed situation after user intervention.	The quality of the supply voltage should match that of the typical business or hospital environment. Where the user of the medical device demands continuous operation even during disruptions to the power supply, we recommend powering the floor scale MPE by no-break power supply or battery.
Magnetic field for supply frequency (50/60 Hz) as per IEC 61000-4-8	3 A/m	3 A/m 50/60 Hz	Magnetic fields for the supply frequency should match the typical values found in the particular business or hospital environment.

NOTE Urequals AC line voltage prior to application of test level.

Guidelines and manufacturer's declaration - electromagnetic noise immunity

The floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM is designed for use in an electromagnetic environment that meets the requirements stated below. The customer or user of the medical electrical device must ensure that operation takes place in such an environment.

Noise immunity tests	IEC 60601 test level	Conformity	Electromagnetic environment - guideline
Conducted HF disturbance variables	3 V _{ms} 150 kHz to 80 MHz	3 V	Do not use portable or mobile radio sets nearer to the floor scales MPE 250K100HM, MPE 250K100PM, MPE
as per IEC 61000-4-6			250K100HNM, MPE 250K100PNM or its wires than the distance recommended
Emitted HF disturbance variables	3 V _{rms} 80 MHz to 2.5 GHz	3 V/m	as safety distance which is calculated according to the equation relevant for its transmission frequency.
as per IEC 61000-4-3			Recommended safety distance: $d = 1.2\sqrt{P}$
			$d = 1.2\sqrt{P}$ for 80 MHz to 800 MHz
			$d = 2.3\sqrt{P}$ for 800 MHz to 2.5 GHz
			Use P as rated capacity of radio transmitter in Watt (W) as per details given by the radio transmitter manufacturer and d as recommended safety distance in metres (m).
		/. · · · ·	The field intensity of stationary radio transmitters should for all frequencies be lower according to an in situ a examination than the conformity level.
		$((\omega))$	Interference may occur near devices bearing the symbol below.

NOTE 1 Higher frequency range applies to 80 MHz and 800 MHz.

NOTE 2 These guidelines may not be applicable in all cases.

The spread of electromagnetic variables is influenced by absorption and reflections in buildings, objects and humans.

- The field intensity of stationary radio transmitters such as base stations of wireless telephones and mobile radio sets, amateur radio stations, AM and FM radio and television stations cannot be reliably predicted in advance. To determine the electromagnetic environment in respect of stationary transmitters, you should consider a study of electromagnetic phenomena at the location. If the measured field intensity at the location where the floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM is to be used exceeds the conformity level above, you should observe the floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100PNM in order to ensure normal operation. If you observe unusual features of performance you may have to take additional measures such as a change in alignment or a different location for the floor scale MPE 250K100HM, MPE 250K100PMM.
- For a frequency range of 150 kHz to 80 MHz field intensity should be less than 3 V/m.

8.3.1 Crucial features of performance



The floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM does not have any crucial features of performance as per IEC 60601-1. The system may be subject to interference by other devices even if these devices conform to current emission requirements as per CISPR.

8.4 Minimum distances

Recommended safety distances between portable and mobile HF telecommunication devices and the medical device

The floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM is designed for use in an electromagnetic environment in which HF disturbance variables are controlled. The customer or user of the medical electrical device can help avoiding electromagnetic disturbances by keeping the minimum distance between portable and mobile HF telecommunication devices (transmitters) and the floor scales MPE 250K100HM, MPE 250K100PM, MPE 250K100HNM, MPE 250K100PNM – depending on the output performance of the communication device, as stated below.

Rated capacity of transmitter	The safety distance depends on the transmission frequency m		
	150 kHz to 80 MHz $d = 1.2\sqrt{P}$	80 MHz to 800 MHz $d = 1.2\sqrt{P}$	800 MHz to 2.5 GHz $d = 2.3\sqrt{P}$
0.01	0.12	0.12	0.23
0.1	0.38	0.38	0.73
1	1.20	1.20	2.30
10	3.80	3.80	7.30
100	12.00	12.00	23.00

For transmitters with a maximum rated capacity not stated in the table above you can calculate the recommended safety distance in metres (m) yourself by using the equation belonging to each column, whereby P equals the maximum rated capacity of the transmitter in Watt (W) as per details provided by the transmitter manufacturer.

NOTE 1 Higher frequency range applies to 80 MHz and 800 MHz.

NOTE 2 These guidelines may not be applicable in all cases.

The spread of electromagnetic variables is influenced by absorption and reflections in buildings, objects and humans.

9 Transport and storage

9.1 Testing upon acceptance

When receiving the appliance, please check packaging immediately, and the appliance itself when unpacking for possible visible damage.

9.2 Packaging / return transport



- ⇒ Only use original packaging for returning.
- ⇒ Prior to dispatch disconnect all cables and remove loose/mobile parts.
- ⇒ Reattach possibly supplied transport securing devices.
- ⇒ Secure all parts such as the weighing platform, power unit etc. against shifting and damage.

10 Unpacking, Setup and Commissioning

10.1 Installation Site, Location of Use

The balances are designed in a way that reliable weighing results are achieved in common conditions of use.

You will work accurately and fast, if you select the right location for your balance.

On the installation site observe the following:

- Place scales on a stable, even surface;
- Avoid extreme heat as well as temperature fluctuation caused by installing next to a radiator or in the direct sunlight;
- Protect the balance against direct draughts due to open windows and doors;
- Avoid jarring during weighing;
- Protect the balance against high humidity, vapours and dust;
- Do not expose the device to extreme dampness for longer periods of time.
 Non-permitted condensation (condensation of air humidity on the appliance) may occur if a cold appliance is taken to a considerably warmer environment.
 In this case, acclimatize the disconnected appliance for ca. 2 hours at room temperature.
- Avoid static charge of the balance and of the person to be weighed.
- Avoid contact with water.

Major display deviations (incorrect weighing results) may be experienced should electromagnetic fields (e.g. due to mobile phones or radio equipment), static electricity accumulations or instable power supply occur. Change location or remove source of interference.

10.2 Unpacking

Remove the individual components of the balance or the complete balance from the packaging with care and install at the intended location. When using the power pack, ensure that the power cable does not produce a risk of stumbling.

10.3 Scope of delivery

Serial accessories:

10.3.1 MPE-HM models

- Balance, fully assembled
- Power pack unit (EN 60601-1 attestation of conformity)
- Operating instructions
- Protective working cover

10.3.2 MPE-PM models

- Weighing scale with tripod, fully assembled
- Power pack unit (EN 60601-1 attestation of conformity)
- Operating instructions
- Protective working cover

10.4 Balance assembly and installation





- ⇒ Level balance with foot screws until the air bubble of the water balance is in the prescribed circle.
- ⇔ Check levelling regularly.

10.5 Mains connection

Power is supplied by the external power unit which also serves to isolate the mains supply from the scale. The stated voltage value must be the same as the local voltage.

Always use genuine approved KERN power pack units as per EN 60601-1 directive.

The small sticker attached to the side of the display unit indicates the power port:



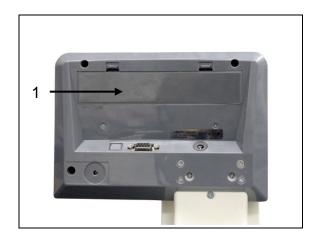
The LED remains illuminated as long as the weighing scale remains connected to the mains.

The LED display informs you during loading about the loading status of the rechargeable battery.

green: Rechargeable battery is completely discharged

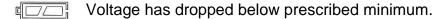
blue: Charging rechargeable battery

10.6 Battery operation is possible by obtaining an optional battery power pack.



Open the battery compartment cover (1) at the base of the display unit and insert the rechargeable battery. Charge the battery for at least 12 hours before initial use.

The appearance of the symbol in the weight display indicates that the battery is almost exhausted. The weighing scale will remain ready for operation for a few more minutes before switching off in order to save battery (s. chap. 11.6 Auto off). Load rechargeable battery.



Rechargeable battery very low.

Rechargeable battery completely reloaded

If the balance is not used for a longer time, take out the rechargeable battery and store it separately. Leaking liquid could damage the balance.

10.7 Battery operation

As an alternative to rechargeable battery operation, the balance may also be operated with 6x AA batteries.

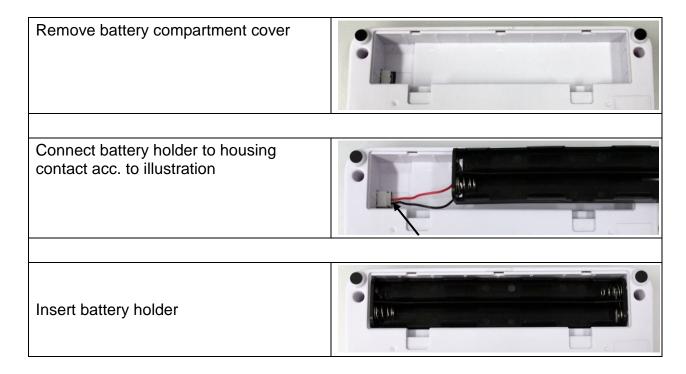
Open battery compartment cover (1) at the lower side of the display unit and insert batteries according to the example below. Lock the battery cover again. If the batteries are empty, in the balance display appears the symbol Change batteries. To save battery power, the balance switches off automatically (see chap.11.6 Auto off).

Capacity of batteries exhausted.

Batteries will soon be flat.

Batteries are completely charged

Insert batteries



Insert batteries into battery compartment and lock with battery compartment cover.



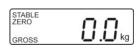
10.8 Initial Commissioning

In order to obtain exact results with the electronic balances, your balance must have reached the operating temperature (see warming up time chap. 1). During this warming up time the balance must be connected to the power supply (mains, accumulator or battery) and be switched on.

The accuracy of the balance depends on the local acceleration of gravity. The value of gravity acceleration is shown on the type plate.

11 Operation

11.1 Weighing



Start balance by pressing The balance will carry out a self-test
The scales are ready for operation as soon as the weight display for "0.0 kg" has appeared.



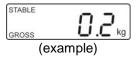
- However, you can reset the weighing scale to zero by pressing the key.



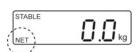
 If the person is heavier than the weighing range, "OL" (=overload) will appear in the display.

11.2 Taring

The tare weight of any preloads can be deducted by pressing a button so that the actual weight of the person is displayed in subsequent weighings.

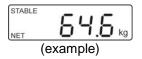


⇒ Put object (such as towel or padding) on the weighing pan.



⇒ Press the zero display appears.

"NET" is shown at the bottom on the left.



Allow the person to step onto the centre of the weighing platform. Wait until the standstill display "STABLE" appears, then read the weighing result.



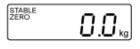
- When the balance is unloaded the saved taring value is displayed with negative sign.
- To delete the stored tare value, release scales and press

11.2.1 Subsequent tare weight

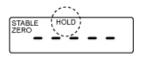
The balance can be tared several times successively.

11.3 HOLD function

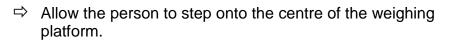
The balance has an integrated standstill function (mean value calculation). With this function it is possible to weigh people accurately even if they do not stand still on the weighing plate.



⇒ Start balance by pressing Start balance by pressing Wait for stability display "STABLE to appear.

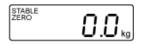


⇒ Press in the display "----- will appear and the "HOLD" symbol appears.





After a short time the stability display "STABLE" appears and the weighing value of the person is displayed and "frozen".



After unloading the balance, the weighing value remains displayed for approx. 10 seconds, than the balance changes automatically into the weighing mode. The symbol "HOLD" disappears.



There is no average value calculation in the event of too much movement.

11.4 Show second decimal place

Press and hold for about 2 s whilst weighed result is being shown. The second decimal place will be shown for approx. 5 s.

11.5 Calculation of the Body Mass Index

You need to know a person's body height before you can calculate the BMI for that person. It should either be known or can be determined directly with the MPE-HM model.

11.5.1 Measuring body height (MPE-HM only)



- ⇒ Push measuring stick upwards and set the stopper horizontally.
- ⇒ Push measuring rod carefully down until the headpiece touches the person's head. (It is recommended to take measurements with shoes removed).



A fixed stopper pointing outwards poses a risk of injury.



⇒ Read body height on measuring stick.

11.5.2 Calculating Body Mass Index





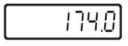


Wait for stability display "STABLE" to appear.



Press \

The most recently entered body height will be shown with the enable digit flashing. The "BMI" symbol lights up.



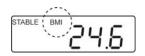
To enter body height, press the and key.







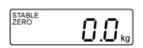
Confirm your entered value by pressing BMI "0.0" is displayed



Allow the person to step onto the centre of the weighing platform.

"-----, is shortly displayed, followed by the BMI value of the person.

Unload weighing plate



To return to weighing mode, press . The BMI symbol will disappear and the kg display will reappear.



- Reliable calculation of BMI is restricted to a body height of 100 cm to 200 cm and a weight of >10 kg.
- If weighing has to take place under unsteady conditions, you can be stabilise the display by applying the Hold function.

11.5.3 Classification of BMI values

Weight classification for adults over 18 years of age using the BMI in accordance with WHO, 2000 EK IV and WHO 2004.

Categorie	BMI (kg/m²)	Risk of diseases associated with overweight
Underweight	< 18.5	low
Normal weight	18.5 – 24.9	Average
Overweight	<u>≥</u> 25.0	
Pre-adipose	25.0 – 29.9	A bit high
Adipose degree I	30.0 – 34.9	High
Adipose degree II	35.0 – 39.9	up
Adipose degree III	<u>≥</u> 40	Very high

11.6 Automatic switch-off function "AUTO OFF"

The weighing scale will switch off automatically after the allotted time as long as neither the display unit nor the weighing plate is operated.



Menu settings:

[F1 oFF] ⇒ **[oFF 0/3/5/15/30]** (see chap. 12)



⇒ Start balance by pressing



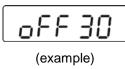
⇒ Wait for stability display "STABLE to appear.



⇒ Press 🎜, **[F1 oFF]** is displayed



⇒ Press to display the most recently set time, such as [oFF 15]

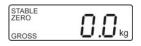


⇒ Press repeatedly until the desired time is displayed, e.g. [oFF 30]

[oFF 0]	AUTO OFF - function disabled
[oFF 3]	Weighing system will be turned off after 3 min.
[oFF 5]	Weighing system will be turned off after 5 min.
[oFF 15]	Weighing system will be turned off after 15 min.
[oFF 30]	Weighing system will be turned off after 30 min.



Use to save the selected time, [F1 oFF] will be displayed



⇒ Return to weighing mode using

11.7 Display background illumination



Menu settings:

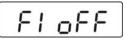
[F4 bk] ⇒ [bL on / bL oFF / bL AU] see chap. (12)



⇒ Start balance by pressing ...



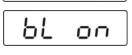
⇒ Wait for stability display "STABLE to appear.



, [F1 oFF] is displayed



repeatedly until **[F4 bk]** is shown.



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To display the most recent setting such as [bL on], press



(example)

Û

To select the desired setting, press



bL on Continuous background lighting

bL off Background illumination off

bL Auto Automatic background illumination on when weighing pate is

loaded or key pressed.

To save the selected setting, press and [F4 bk] will be displayed.



Return to weighing mode using



12 The menu



Access to service menu "tCH"is locked in verified weighing scales. To disable the access lock, destroy the seal and actuate the adjustment switch. For position of adjustment switch, see chap. 16.

Attention:

After destruction of the seal the weighing system must be re-verified by an authorised agency and a new verification wire/seal mark fitted before it can be reused for applications subject to verification.

12.1 Navigation in the menu

Call up menu	⇒ In weighing mode, press and the first function [F1 oFF] will be displayed.
Select function	⇒ With help of , the individual functions can be selected one after the other.
Change settings	 Confirm selected function by pressing FRINT. The current setting will be displayed. ⇒ To select the desired setting, press and confirm your selection by FRINT; the weighing scale will return to the menu.
Exit menu/ Return to weighing mode	⇒ Press and the scales will return to weighing mode.

12.2 Menu overview

Menu block Main Menu	Menu item Submenu	Available settings / explanation
FloFF Automatic cutout Auto Off	oFF 0*	Automatic shutdown off
	oFF 3	Automatic shutdown after 3 min
	oFF 5	Automatic shutdown after 5 min
	oFF 15	Automatic shutdown after 15 min
	oFF 30	Automatic shutdown after 30 min
F2 SüE	oFF	Not documented
	Prt	
	Pr ACC	



1. RS-232 mode

Interface parameter

Select desired mode by , then confirm with Weight will be added to summation memory and printed P Prt after pressing PRINT P Cont Continuous data output Not documented Series Remote control instructions: ASK W: Send all weighing results S: Send stable weighing result T: Tare Z: Zero setting P cnt 2 Not documented Automatic data output of stable weighing values P Stab Weighed result will be added automatically to P Auto summation memory and issued

2. Baud rate

The currently set baud rate (b xxx) will be shown after the RS-232 mode was confirmed. Select desired Baudrate by pressing

and confirm by pressing RINT

Available Baudrate: 600, 1200, 2400, 4800, 9600

	3. Data output format (P Prt, P Auto, P Cont settings only) the currently set data output format will be shown after the baud rate was confirmed. Select desired format by FRINT.			
	Only when set P Prt, P	Prt 0-3	Data output format, see	chap. 13.
	Only when set P Cont	Cont 1	Default	Sd0 – on/off Cont. data outputselectable "send 0", yes / no
		Cont 2	Not documented	
F 4 5 - Background illumination		Cont 3	Not documented	
	After the data output format has been confirmed, the currently set printer type will be displayed. Select the desired printer type by and confirm by LP -50 Not documented tPUP Use this setting			
	bl on		Back lighting for display on	
	bl oFF		Display background illumination off	
	bl AU*		Backlighting for display will come on automatically as soon as the weighing scale is operated.	
	Str on			
FS 5tr	Str on		Subsequent tare ON	
Subsequent tare value locked in devices with type approval certificate.	Str oFF*		Subsequent tare OFF	

E [H Service menu	Pin	Password entry: press , TARE, BMI subsequently.	
Operate adjustment switch; for position see chap.17			
P 5Pd Display speed	15*		
	30	Not documented	
Display speed	60	Not documented	
	7.5		
P2 [RL] Adjustment, see chap. 18			
P3 Pro	tri*	Not documented	
	CoUnt	Not documented	
	rESEt	Reset weighing scale to factory setting	
	SEtGrA	Not documented	

^{*} default setting

13 Data output RS 232

You can print weighing data automatically via the RS 232 interface or manually by pressing via the interface according to the setting in the menu.

This data exchange is asynchronous using ASCII - Code.

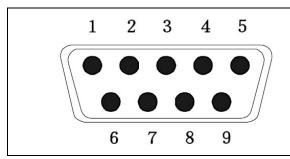
The following conditions must be met to provide successful communication between the weighing balance and the printer.

- Use a suitable cable to connect the weighing balance to the interface of the printer. Faultless operation requires an adequate KERN interface cable.
- Communication parameters (baud rate, bits and parity) of balance and printer must match. For detailed description of interface parameters see chap. 12.1)



In a medical context only auxiliary equipment in compliance with Directive EN 60601-1 may be connected to the interface.

13.1 Pin allocation of balance output bushing:



Pin 2: TXD - Output Pin 3: RXD - Input

Pin 5: GND - Signal ground

13.2 Technical data

Connection 9 pin d-subminiature bushing

Pin 2 output Pin 3 input

Pin 5 signal earth

Baud rate Optional 600/1200/2400/4800/9600

Parity 8 bits,

13.3 Printer operation

Printout examples:

Prt	
0/2	60.0kg
1/3	60.0kg 170.0cm 20.7BMI

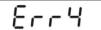
Remote control instructions:

S: 29.03.2017 29.03.2017	09:31:21: 09:31:51:	ST ST	20.0kg - 20.0kg	stable weighing value positive stable weighing value
W:	00.01.01.		20.0kg	negative
29.03.2017	09:32:25:	US	44.3kg	instable weighing value positive
29.03.2017	09:35:33:	US	- 18.4kg	instable weighing value negative

14 Error messages

Display

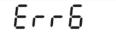
Description



Zero range exceeded

(on start-up or when pressing the key)

- Load on weighing pan
- Excess load, during zero setting of weighing scale
- Incorrect adjusting process
- Fault on load cell



Value outside the A/D converter range

- Damaged weighing cell
- Damaged electronics

Should other error messages occur, switch balance off and then on again. If the error message remains inform manufacturer.

15 Service, maintenance, disposal

15.1 Cleaning



Before any maintenance, cleaning and repair work disconnect the appliance from the operating voltage.

15.2 Cleaning / disinfecting

Clean weighing platform (such as seat) as well as casing with household detergents or commercially available disinfectants, e.g. 70% isopropanol. We recommend a disinfectant suitable for wiping disinfection. Please follow manufacturer's instructions.

Do not use abrasive or aggressive cleaners such as spirits or alcohol or similar as they might damage the high-quality surface.

To prevent cross-contamination (fungal skin infection) please observe the following time intervals for disinfection:

- Weighing plate before and after any measurement with direct skin contact
- When required:
 - Display
 - o Touch-sensitive keyboard



Do not spray disinfectants onto appliance.

Make sure that disinfectant does not penetrate the interior of the balance.

Remove dirt immediately.

15.3 Sterilisation

Sterilisation of the appliance not allowed.

15.4 Disposal

Disposal of packaging and appliance must be carried out by operator according to valid national or regional law of the location where the appliance is used.

16 Instant help

In case of an error in the program process, briefly turn off the balance and disconnect from power supply. The weighing process must then be restarted from the beginning.

Fault

Possible cause

The displayed weight does • The balance is not switched on. not glow.

- The mains supply connection has been interrupted (mains cable not plugged in/faulty).
- Power supply interrupted.
- Rechargeable battery inserted incorrectly or empty
- No rechargeable battery inserted

The displayed weight permanently changing

- is Draught/air movement
 - Table/floor vibrations
 - The weighing plate is in contact with foreign bodies or is not correctly positioned.
 - Electromagnetic fields / static charging (choose different location/switch off interfering device if possible)

The weighing result obviously incorrect

- is The display of the balance is not at zero
 - Adjustment is no longer correct.
 - Great fluctuations in temperature.
 - Warm-up time was ignored.
 - Electromagnetic fields / static charging (choose different location/switch off interfering device if possible)

Should other error messages occur, switch balance off and then on again. If the error message remains inform manufacturer.

17 Verification

General introduction:

According to EU directive 2014/31/EC balances must be officially verified if they are used as follows (legally controlled area):

- a) For commercial transactions if the price of goods is determined by weighing.
- b) For the production of medicines in pharmacies as well as for analyses in the medical and pharmaceutical laboratory.
- c) For official purposes
- d) For manufacturing final packages

In cases of doubt, please contact your local trade in standard.

Verification notes:

An EU type approval exists for balances described in their technical data as verifiable. If a balance is used where obligation to verify exists as described above, it must be verified and re-verified at regular intervals.

Re-verification of a balance is carried out according to the respective national regulations. For verification validity period, s. chap. 17.1.

The legal regulation of the country where the balance is used must be observed!



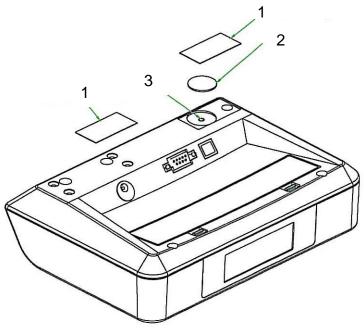
Verification of the balance is invalid without the seal.

The seal marks attached on balances with type approval point out that the balance may only be opened and serviced by trained and authorised specialist staff. If the seal mark is destroyed, verification looses its validity. Please observe all national laws and legal regulations. In Germany a reverification will be necessary.

Balances with obligation to verify must be taken out of operation if:

- The **weighing result** of the balance is outside the **error limit**. Therefore, in regular intervals load balance with known test weight (ca. 1/3 of the max. load) and compare with displayed value.
- The reverification deadline has been exceeded.

Position adjustment switch and seals:



- Self-destroying seal mark 1.
- 2.
- Cover Adjustment switch 3.

17.1 Verification validity period (current status in G)

Personal scales (including chair and wheelchair scales) in hospitals	4 year
Personal scales, when not located in hospitals (for example, doctor's offices and nursing homes)	unlimited
Baby weighing scales and mechanical birth weight scales	4 year
Bed scales	2 year
Scales in dialysis stations	unlimited

Rehab clinics and health authorities are treated as hospitals. (4 years of verification validity)

Not treated as hospitals (verification validity not limited) are dialysis stations, nursing homes and doctor's surgeries.

(Details derived from: "Information by the verification authority, weighing scales applied in medical use")

18 Adjustment

As the acceleration value due to gravity is not the same at every location on earth, each display unit with connected weighing plate must be coordinated - in compliance with the underlying physical weighing principle - to the existing acceleration due to gravity at its place of location (only if the weighing system has not already been adjusted to the location in the factory). This adjustment process must be carried out for the first commissioning, after each change of location as well as in case of fluctuating environment temperature. To receive accurate measuring values it is also recommended to adjust the display unit periodically in weighing operation.



- Prepare the required adjustment weight. The adjustment weight to be applied depends on the capacity of a weighing scale, see chap. 1.
 Carry out adjustment as closely as possible to admissible maximum load of weighing scale. Information about test weights you will find in the internet under http://www.kern-sohn.com
- Observe stable environmental conditions. For warm-up time required for stabilisation see chap. 1.



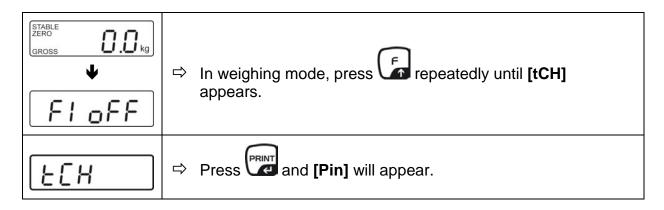
Access to service menu "tCH"is locked in verified weighing scales.

To disable the access lock, destroy the seal and actuate the adjustment switch. Position of the adjustment switch see chap. 17.

Attention:

After destruction of the seal the weighing system must be re-verified by an authorised agency and a new verification wire/seal mark fitted before it can be reused for applications subject to verification.

Procedure:



٥٠٠	Press and em one after the other and [P1 SPd] will appear
P! 5Pd ♥ P2 CAL	 ⇒ Press , "P2 CAL" will be displayed ⇒ Operate adjustment switch; for position see chap.16
885 0	⇒ Press and [dESC] will appear
[AL	 ⇒ Press repeatedly until "CAL" will be displayed. ⇒ To confirm, press and [UnloAd] will appear
UnLoAd	 ⇒ Ensure that there are no objects on the weighing pan. ⇒ Wait until the stability display "STABLE" is displayed and then confirm by pressing
(example)	 ⇒ The size of the currently set adjustment weight will be displayed. To change, select the digit to be altered by , and the numerical value by . ⇒ Confirm by pressing and [LoAd] will be displayed.

Lo89	仓 仓	Place adjustment weight in the centre of the weighing pan Wait until stability display "STABLE" appears
P855	\Diamond	Confirm by pressing [PASS] will be displayed.
	廿	The balance carries out a selftest, after that [Err19] will be displayed and a signal will sound.
	\Rightarrow	Switch off the balance
	\Rightarrow	Take away adjustment weight
STABLE ZERO GROSS GROSS GROSS	\Diamond	Turn on balance again, after the selftest the balance changes into the weighing mode. Adjustment has now been completed successfully.